



## MEDICAL POLICY STATEMENT

### TrueCare

| Policy Name & Number                     | Date Effective |
|------------------------------------------|----------------|
| Clinical Trial Coverage-TrueCare-MM-1453 | 05/01/2026     |
| Policy Type                              |                |
| MEDICAL                                  |                |

Medical Policy Statements are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased, or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort. These services meet the standards of good medical practice in the local area, are the lowest cost alternative, and are not provided mainly for the convenience of the member or provider. Medically necessary services also include those services defined in any Evidence of Coverage or Certificate of Coverage documents, Medical Policy Statements, Provider Manuals, Member Handbooks, and/or other plan policies and procedures.

Medical Policy Statements do not ensure an authorization or payment of services. Please refer to the plan contract (often referred to as the Evidence of Coverage or Certificate of Coverage) for the service(s) referenced in the Medical Policy Statement. Except as otherwise required by law, if there is a conflict between the Medical Policy Statement and the plan contract, then the plan contract will be the controlling document used to make the determination.

According to the rules of Mental Health Parity Addiction Equity Act (MHPAEA), coverage for the diagnosis and treatment of a behavioral health disorder will not be subject to any limitations that are less favorable than the limitations that apply to medical conditions as covered under this policy.

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**A. Subject****Clinical Trial Coverage****B. Background**

Clinical trials are research studies that test how well new medical approaches work in people. Each study answers scientific questions and tries to find better ways to prevent, screen for, diagnose, or treat a disease. Clinical trials evaluate new or emerging devices, treatments, and procedures. Trials may also compare a new treatment to a treatment that is already available. Every clinical trial has a protocol or action plan for conducting the trial. The protocol or action plan describes what will be done in the study, how it will be conducted and why each part of the study is necessary.

Clinical trials are scientific investigations of treatment alternatives designed to help compare the safety and efficacy of new, untested, or non-standard treatments to standard currently accepted treatments. Clinical trials are intended to improve clinicians' knowledge about a treatment and to improve clinical outcomes for future patients.

Clinical trials generally proceed through four phases:

- a. **Phase I** clinical trials – The study treatment is given to a small group of people who are healthy or have the disease/condition for the first time to evaluate its safety and determine a safe dosage range.
- b. **Phase II** clinical trials – The study treatment is given to a large group of people who have the disease/condition to see if it is effective and to identify side effects.
- c. **Phase III** clinical trials – The study treatment is given usually to large groups of people who have the disease/condition to confirm its effectiveness, monitor adverse reactions, compare it to commonly used treatments and collect information that will allow the treatment to be used safely.
- d. **Phase IV** clinical trials – Studies performed after the treatment has been marketed to collect information about its effects in various populations of people who have the disease/condition and to identify side effects associated with long-term use.

**NOTE:** Experimental, investigational, and unproven treatment, procedures and all related services are not a covered service by Medicaid.

**C. Definitions**

- **Clinical Trial** – A Phase I, II, III, or IV research study that does **ONE** of the following for the treatment of cancer or a life-threatening disease:
  - tests how to administer a health care service
  - tests responses to a health care service
  - compares effectiveness of a health care service
  - studies new uses of a health care service**AND** is approved and funded by **ONE** of the following:
  - A cooperative group of research facilities that has an established peer review program that is approved by a National Institutes of Health Institute or Center and assures an unbiased review of standards of care with qualified individuals who do not have an interest in the review outcome
  - National Institutes of Health (NIH)

The MEDICAL Policy Statement detailed above has received due consideration as defined in the MEDICAL Policy Statement Policy and is approved.

- The Centers for Disease Control and Prevention (CDC)
- The Agency for Health Care Research and Quality (AHRQ)
- The Centers for Medicare and Medicaid Services (CMS)
- a cooperative group or center of NIH, CDC, AHRQ, DOD, VA, or CMS
- The United States Department of Veterans Affairs (VA)
- The United States Department of Defense (DOD)
- The Food and Drug Administration
- The United States Department of Energy
- The institutional review board of an institution located in Mississippi that has a multiple project assurance contract approved by the National Institutes of Health Office for Protection from Research Risks as provided in 45 CFR § 46.103
- A research entity that meets eligibility criteria for a support grant from a National Institutes of Health center
- A qualified non-governmental research entity in guidelines issued by the NIH for center support grants **AND**
- Is conducted in a facility where the personnel have training, and expertise required to provide type of care required in the study **AND**
- Has a written protocol for the clinical trial **AND**
- Designed to have a therapeutic intent.
- **Routine Care Cost** – The cost of medically necessary items and services related to the care method which is under evaluation in the clinical trial.
- **Life-Threatening Disease or Condition** – Any disease or condition from which the likelihood of death is probable unless the course of the disease or condition is interrupted.
- **Category A (Experimental) Device** – Per CMS “a device for which “absolute risk” of the device type has not been established (that is, initial questions of safety and effectiveness have not been resolved) and the FDA is unsure whether the device type can be safe and effective.”
- **Category B (Non-experimental/Investigational) Device** – Per CMS “a device for which the incremental risk is the primary risk in question (that is, initial questions of safety and effectiveness of that device type have been resolved), or it is known that the device type can be safe and effective because, for example, other manufacturers have obtained FDA premarket approval or clearance for that device type”.
- **Experimental/Investigational/Unproven** – Any procedure, treatment, service, supply, or product that meets one or more of the following:
  - Is subject to Institutional Review Board review or approval.
  - Effectiveness on health outcomes is unproven based on clinical evidence in peer-reviewed medical literature.
  - Cannot be legally marketed in the United States without final approval from appropriate government regulatory or licensing body.
- **ICD-10-CM Code Z00.6** – A billable ICD code used to specify a diagnosis of encounter for examination for normal comparison and control in clinical research program. The Z00.6 diagnosis code reports that the service involved "examination of participant in clinical trial". The Z00.6 diagnosis code must be used for all services provided as part of a Qualified Clinical Trial or approved study, even if it would otherwise be conventional care for the patient absent the trial.

**D. Policy**

- I. Prior authorization is required for ICD-10-CM Code Z00.6
- II. Informed consent approved by an IRB accredited Association for the Accreditation of Human Research Protection Programs (AAHRPP) must be obtained from the member before enrolling in a clinical trial.
- III. TrueCare will cover routine care costs for a member enrolled in a clinical trial as described in this policy when **ALL** the following are met:
  - A. The same routine care costs would be typically covered for a member who is **NOT** enrolled in the clinical trial.
  - B. All items and services are medically necessary.
  - C. All items and services are a covered benefit.
- IV. TrueCare will cover routine care costs for member in a clinical trial where the item or service is
  - A. required for the administration and provision of the item or service such as the staffing and equipment needed to implant the device
  - B. for the clinically appropriate monitoring of the effects of the item or service
  - C. for the prevention, diagnosis or treatment of complications from item or service provided in the clinical trial.
- V. TrueCare will **NOT** cover the following items as they are not considered routine care costs typically covered by a member who is not enrolled in the clinical trial:
  - A. Item or service being evaluated by the clinical trial.
  - B. Item or service provided through the clinical trial that is only utilized for data collection and analysis and not related to the direct clinical management of the member.
  - C. Item or service reimbursed or provided for free from another source including the research sponsor.
  - D. Item or service only utilized to determine if individual is eligible to participate in clinical trial.
  - E. Clinical trials designed to only test toxicity or disease.
  - F. Treatment that is not standard of care to support or administer the item or service in the clinical trial.
  - G. Transportation, housing, food or expenses for the member or family members/companions associated with travel to or from facility providing the clinical trial.
  - H. Experimental/investigational/unproven procedure, treatment, service, supply, device, or product.
- VI. All applicable plan limitations for coverage for out-of-network providers will apply to routine care costs in a clinical trial.
- VII. All applicable utilization management guidelines (including prior authorizations) will apply to routine care for members in a clinical trial.

E. Conditions of Coverage  
N/A

F. Related Policies/Rules  
Experimental and Investigational Item or Service

G. Review/Revision History

| DATE                  |            | ACTION                                                                                                      |
|-----------------------|------------|-------------------------------------------------------------------------------------------------------------|
| <b>Date Issued</b>    | 02/26/2025 | New Policy. Approved at Committee                                                                           |
| <b>Date Revised</b>   | 02/11/2026 | Added Experimental and Investigational Item or Service to Sec, F. Updated references. Approved at Committee |
| <b>Date Effective</b> | 05/01/2026 |                                                                                                             |
| <b>Date Archived</b>  |            |                                                                                                             |

H. References

1. Association for the Accreditation of Human Research Protection Programs (AAHRPP). Accessed January 8, 2026. [www.aahrpp.org](http://www.aahrpp.org)
2. Mississippi State Plan Amendment (SPA) 21-0052 Clinical Trial Coverage. Mississippi Division of Medicaid; 2024. Accessed January 8, 2026. [www.medicaid.ms.gov](http://www.medicaid.ms.gov)
3. *MLN Matters: Medicare Coverage of Items and Services in Category A and B Investigational Device Exemption (IDE) Studies*. Centers for Medicare and Medicaid Services; 2015. MLN MM 8921. Accessed January 8, 2026. [www.cms.gov](http://www.cms.gov)
4. National Coverage Determination: Routine Costs in Clinical Trials. Medicare Coverage Database; 2007. NCD 310.1. Accessed January 8, 2026. [www.cms.gov](http://www.cms.gov)
5. Patient Protection and Affordable Care Act, 42 U.S.C. § 18001 (2023).

DOM approved - DOM062426.04A